



# Cedar Medical Practice Newsletter

Spring  
2026

## SURGERY OPENING TIMES:

Main Surgery  
Ashby Road  
Monday-Friday  
8am-6.30pm

Branch Surgery  
(Ironstone Centre)  
Monday-Friday  
8am-12noon

## CONTACT US

Ashby Road Surgery:  
(01724) 843375

Branch Surgery :  
(01724) 292011



Email:

nl.b81113@nhs.net

## Appointments

Our telephone lines are extremely busy between 8am and 10am. For non-urgent requests, please consider calling outside these times.

Alternatively you can use our Online Consultation Service via the link on our website.

Appointment requests with our Nursing Team will be booked for you directly. For all requests for contact or appointments with the Doctors or Clinical Practitioners, our Reception Team will book you onto our daily triage list and you will be contacted back with either an appointment booking with the most appropriate clinician or with relevant clinical advice. You may wish to request a specific clinician and this will be taken into consideration with your request, however this will be dependent on daily availability. We offer both telephone and face-to-face appointments for your convenience. Whilst waiting to be contacted back, if your symptoms worsen, please call NHS111 or attend A&E.



## Vaccinations

Covid booster vaccinations will commence in April 2026.

Please book an appointment if you receive a message or letter informing you that you are eligible for a vaccination.

## Prescription Requests

Just to remind you, we do not take prescription requests via the telephone. You can order your prescription online, via the NHS App, drop your request into the Surgery or via our dedicated prescription email address:

✉ hnyicb-nl.prescriptionscedarmedical@nhs.net



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## Outside Normal Surgery Hours

If you require urgent medical assistance outside our normal surgery hours **please telephone NHS 111.**

The NHS 111 service will advise/direct you to the appropriate local service. All telephone calls to the 111 service are free from both landlines and mobiles.

For further information please visit our website:  
[www.cedarmedicalpractice.co.uk](http://www.cedarmedicalpractice.co.uk)

## Need help with the NHS App?



Contact the NHS App support team using the QR code below or by visiting: [digital.nhs.uk/nhsapphelp](https://digital.nhs.uk/nhsapphelp)



The team will be able to help you with all technical queries. It's normal to experience some technical difficulties with the NHS App if your GP surgery is changing clinical systems or merging with another practice. If you encounter any technical issues after these changes are complete, please contact the NHS App Team. You can also find more help and information, here: [www.nhs.uk/nhs-app](http://www.nhs.uk/nhs-app)





## Training Afternoon

### Closure Dates

Cedar Medical Practice will be closed from 1pm for staff training on the following Wednesday afternoons:

- ◆ 8th April 2026
- ◆ 13th May 2026
- ◆ 10th June 2026
- ◆ 8th July 2026
- ◆ 12th August 2026
- ◆ 9th September 2026
- ◆ 14th October 2026
- ◆ 11th November 2026
- ◆ 9th December 2026

## Bank Holiday

### Closure Dates

- ◆ Friday, 3rd April 2026
- ◆ Monday, 6th April 2026
- ◆ Monday, 4th May 2026
- ◆ Monday, 25th May 2026
- ◆ Monday, 31st August 2026
- ◆ Friday, 25th December 2026
- ◆ Monday, 28th December 2026
- ◆ Friday, 1st January 2027



**Armed Forces veteran friendly accredited GP practice**

We are an Armed Forces veteran friendly accredited GP practice.

## One appointment One problem One patient

**It might be tempting to bring a list of unrelated problems with you when you attend your appointment, but consider what is achievable in the time available!**



Before you attend your appointment, work out what you are most worried about. Highlight your concerns. Think about how you would describe your symptoms. Get to the point and don't keep important information to the end.



Too many problems can distract from dealing with your main problem.



A serious illness might get missed.

## Patient Participation Group

Cedar Medical Practice encourages patients to give their views on how the Practice is doing and would like to receive the opinions of as many patients as possible in order for us to maintain the best possible delivery of care.

As a patient with our Practice your point of view is important and will enable us to enhance your experience when you come to the surgery.

The Patient Participation Group (PPG) has been developed to improve communication between patients and the Practice and will assist us in obtaining your comments/suggestions to help shape and develop the services we provide. The Committee currently consists of 6 volunteer patient representatives who have agreed to attend quarterly meetings to discuss any issues raised by either the Practice or patients. All minutes from our PPG meetings are published on our website.

## Christmas 2025 Fundraiser



The Cedar Medical Practice annual Christmas fundraising event was held in December.

A 'Christmas Jumper Day' was held along with a raffle and games to raise money for the Alzheimer's Society.



**Alzheimer's Society**

**Total Amount Raised:**

**£250**

